



**CHRISTINA BEHARRY**

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*“Being a person of Indian descent is a big part of who I am. My ancestors left India over 150 years ago, crossing two oceans in conditions that I sometimes struggle to imagine, to settle in the tiny country of Guyana in South America. Despite the time and distance, generation after generation my family has maintained a strong connection to the culture, traditions, values, and religion of our motherland. Our heritage is a source of pride but also of strength and inspiration in overcoming adversities. Settling in a new country as a visible minority -- something which three generations of my family have done -- is a distinct experience that comes with its own challenges. I find great comfort, based on our collective experiences, in knowing that values that are so deeply cherished by us, such as respect, perseverance, commitment, and humility, have been key ingredients in adapting to our new homes and making a positive contribution to the broader community.”*